School of Social Work
University of Wisconsin-Madison

SW 929 Social Work and Substance Abuse
Spring 2015

Saturday 9am-1pm
Social Work 106

Instructor: Joseph E. Glass, Ph.D., M.S.W.
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Office Hours: By appointment
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Phone: 608-263-3669

I. Catalogue Description
History, current understanding, assessment and treatment of problematic substance use. Provides knowledge and social work skills to conceptualize, screen, assess, and treat substance use disorders and co-occurring disorders (i.e., mental illness and substance use disorders). A biopsychosocial perspective is emphasized.

II. Course Overview
This course in social work and substance use disorders aims to convey a knowledge base and orientation to the assessment, treatment and prevention of substance use disorders that will facilitate advanced social work practice. Its focus is on persons with substance use disorders or persons at risk. Primary emphases will be placed on the assessment and treatment of substance use disorders, familiarity with what is known and not known about etiology, and understanding about the impact of substance use on criminal behavior. This is an advanced practice course within the mental health concentration.

III. Course Competencies & Practice Behaviors & Assignments
Successful completion of this course implies that students will have progressed towards achieving the core social work competencies by demonstrating the following behaviors

<table>
<thead>
<tr>
<th>Competencies Addressed in Course</th>
<th>Practice Behaviors Addressed in Course</th>
<th>Assignments Measuring Behavior</th>
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</thead>
<tbody>
<tr>
<td>2.1.1 Identify as a professional social worker and conduct oneself accordingly.</td>
<td>▪ Applying knowledge of social services, policies, and programs relevant to substance abuse treatment practice, to advocate with and/or on behalf of clients for access to services.</td>
<td>Short Paper, Oral Presentation, Role-Play &amp; Self-Assessment</td>
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<td>2.1.2 Apply social work ethical principles to guide professional practice.</td>
<td>▪ Evaluate ethical dilemmas related to problems and issues in substance abuse treatment.</td>
<td>Short Paper, Oral Presentation, Role-Play &amp; Self-Assessment</td>
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| 2.1.3 Apply critical thinking to inform and communicate professional judgments. | ▪ Identify and synthesize multiple sources of knowledge to understand policy and practice issues related to the treatment of substance abuse.  
▪ Identify and evaluate models of assessment, prevention, intervention, and evaluation that are related to the treatment of substance abuse. | Short Papers, Oral Presentation, Role-Play & Self-Assessment |
| 2.1.4 Engage diversity and difference in practice. | ▪ Demonstrate an understanding of how culture and values affect diverse conceptualizations and constructions of problems and solutions related to substance use. | Short Papers, Oral Presentation, Role-Play & Self-Assessment |
| 2.1.6 Engage in research-informed practice and practice-informed research. | ▪ Critically evaluate and utilize theoretical and empirical research relevant to understanding and treating substance abuse problems. | Short Papers, Oral Presentation, Role-Play & Self-Assessment |
| 2.1.7 Apply knowledge of human behavior and the social environment. | ▪ Evaluate and apply knowledge of human behavior and the social environment to choose methods of assessment, intervention, and evaluation most appropriate to the treatment of substance abuse problems. | Short Papers, Oral Presentation, Role-Play & Self-Assessment |
| 2.1.10a Engage with individuals, families, groups, organizations, and communities. | ▪ Employ diverse strategies to engage with individuals, families, groups, organizations, and communities related to the treatment of substance abuse problems. | Short Papers, Oral Presentation, Role-Play & Self-Assessment |
| 2.1.10b Assess individuals, families, groups, organizations, and communities. | ▪ Assess individuals, families, groups, organizations, and communities to determine a range of potentially effective and appropriate interventions to improve practice outcomes related to the treatment of substance abuse problems. | Short Papers, Oral Presentation, Role-Play & Self-Assessment |
| 2.1.10c Intervene with individuals, families, groups, organizations, and communities. | ▪ Demonstrate ability to intervene at different levels (with and/or on behavior of individuals, families, groups, organizations, and communities) to achieve the desired practice outcome related to substance abuse problems. | Short Papers, Oral Presentation |
IV. COURSE CONTENT

March 28: Introduction to substance use disorders and addiction treatment

Topics

1. Course overview
2. Ethical considerations and critical thinking
3. Epidemiology of problematic substance use

Required Reading

- Chapter 1 (pp. 1-9), “Why treat addiction?”
- Chapter 2 (pp. 10-28), “What is addiction?”

April 4: Theories of neurobiological and genetic vulnerability

Topics

1. “Go” and “stop” systems
2. Neurotransmitters relevant to addiction and addiction medicine
3. The (indirect) influences of genes on neurobiology and addictive behavior

Clinical skill building

1. Basic principles of motivational interviewing
2. Overcoming roadblocks to effective reflective listening

Required Reading

- Chapter 3 (pp. 29-46), “How do drugs work?”

workbook. New York: Guilford Press.
• Chapter 2 (pp. 7-29), “Foundations of motivational interviewing”
• Chapter 3 (pp. 30-57), “The use of OARS: Reflective listening”

April 11: Motivational and cognitive theories

Topics

1. Reinforcement, self-determination, and cognitive theories of addiction
2. Providing culturally competent care for LGBTQ clients

Clinical skill building

1. Open-ended questions, affirmations, and summaries

Required Reading


• Chapter 4 (pp. 58-87), “The use of OARS: Open-ended questions, affirmations, and summaries”

April 18: Screening and assessing substance use disorders

Topics

1. Screening, assessment, and acute care

Clinical skill building

1. Change talk
2. Psychoeducation and advice

Required Reading
- Chapter 5 (pp. 65-83), “Screening, Evaluation, and Diagnosis”
- Chapter 6 (pp. 84-105), “Detoxification and Health Care Needs”

- Chapter 5 (pp. 88-136), “Recognizing, reinforcing, and eliciting change talk”
- Chapter 9 (pp. 221-253), “Information sharing, offering a concern, and giving advice”

**April 25: Treatment planning and case management**

**Topics**
1. Treatment planning and meeting complex psychosocial needs
2. Using mutual help as an adjunct to treatment

**Clinical skill building**
1. Avoiding the provocation of resistance

**Required Reading**

- Chapter 7 (pp. 106-130), “Matching: Individualizing treatment plans”
- Chapter 8 (pp. 131-144), “Case management”
- Chapter 14 (pp. 223-240), “Mutual help groups”

- Chapter 6 (137-167), “Managing resistance”

**May 2: Cognitive-behavioral interventions**

**Topics**
1. Cognitive-behavioral skills for coping and managing cravings

**Clinical skill building**
1. Finding focus in addiction treatment
2. Working with ambivalence
3. Solidifying commitment to change
Required Reading

- Chapter 12 (pp. 185-197), “Strengthening coping skills”

- Skim the format of all CBT sessions (pp. 39-95)

- Chapter 7 (pp. 168-196), “Opening a session or topic”
- Chapter 8 (pp. 197-220), “Working with ambivalence”
- Chapter 10 (pp. 254-280), “The key question”

May 9: Pharmacological interventions and harm reduction strategies

Topics

1. Medications to treat addiction
   *Guest speaker: Dr. Randall Brown, MD, PhD*
   *Prepare a list of 2-3 questions for the guest speaker on this topic*
2. Group-based treatment
3. Harm reduction in communities and social work practice

Required Reading

- Chapter 15 (pp. 241-256), “Pharmacological adjuncts”
- Chapter 20 (pp. 313-332), “Working with groups”


May 16: Involving the family in addiction treatment

Topics

1. Involvement the family in treatment
2. Nonadherence and drop-out: causes and interventions
3. Comorbidity
4. Intervention issues for women
*Guest speaker: Marisol Campbell, MSW
*Prepare a list of 2-3 questions for the guest speaker on this topic

Required Reading

- Chapter 13 (pp. 198-222), “Involving and working with the family”
- Chapter 17 (pp. 269-280), “Enhancing adherence”
- Chapter 18 (pp. 281-300), “Treating co-occurring disorders”


V. Texts and Reading Materials for the Course

Required Books


Reserve Materials


Electronic Materials

Additional readings are available on our Learn@UW course website

VI. Evaluation of Competencies and Practice Behaviors: Assignments, Grading and Methods

Grading Scale

Grades are based on percentage of points earned:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Description</th>
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<tbody>
<tr>
<td>94-100</td>
<td>A Outstanding, surpasses expectations in all areas</td>
</tr>
<tr>
<td>88-93</td>
<td>AB Surpasses expectations in many areas</td>
</tr>
<tr>
<td>82-87</td>
<td>B Meets expectations in all areas</td>
</tr>
<tr>
<td>76-81</td>
<td>BC Meets expectations in some areas, below in others</td>
</tr>
<tr>
<td>70-75</td>
<td>C Below expectations in most areas, not acceptable graduate-level work</td>
</tr>
<tr>
<td>64-69</td>
<td>D Below expectations in all areas, not acceptable graduate-level work</td>
</tr>
<tr>
<td>63/ lower</td>
<td>F Fails to meet minimum expectations in all areas</td>
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</tbody>
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ASSIGNMENTS & POINTS

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
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<tbody>
<tr>
<td>1. Two short papers</td>
<td>30</td>
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<tr>
<td>2. Oral presentation</td>
<td>35</td>
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<tr>
<td>3. Role-play and self-assessment</td>
<td>35</td>
</tr>
<tr>
<td><strong>Total Points</strong></td>
<td><strong>100</strong></td>
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**** Successful completion of the course requires completion of all assignments. Deadlines are firm. Late assignments will be graded down a full letter grade (e.g., from A to B) for each day they are late ****

1. Two short papers (30% of grade)
In the first paper you will critically evaluate your own beliefs that inform how you think about and work with clients who have addiction problems. In the second paper you will examine ways in which an addiction treatment model does and does not respond to the needs of a culturally diverse population. In both papers you will demonstrate proficiency in all relevant course material (lectures and readings) and external literature that you identify. Papers are to be three pages double-spaced. The first paper is due April 11 at 11:59pm. The second paper is due May 2 at 11:59pm. An additional document is available on Learn@UW detailing assignment tasks and grading criteria.

2. Oral presentation (35% of grade)
You will give an oral presentation in groups of two to three to the class about a topic of particular interest to you. Presentations should be approximately one hour, including time for questions and a class discussion, which you will facilitate. You will demonstrate proficiency in all relevant course material (lectures and readings) and external literature that you identify. An additional document is available on Learn@UW detailing assignment tasks and grading criteria.

3. Role-play and self-assessment (35% of grade)
You will submit a video recording of a role-play demonstrating Motivational Interviewing skills learned in SW 929. You will be provided class time to record your role-play. For the self-assessment, you will evaluate your performance as the worker in the role-play, noting both what you did well and areas for continued practice. The self-assessment must be three written pages. The assignment is due May 16 at 11:59pm. An additional document is available on Learn@UW detailing assignment tasks and grading criteria.

VII. Course Policies
Meeting course objectives requires that the instructor and students actively work to create a learning environment that is respectful and safe so that practice challenges can be examined honestly, diverse viewpoints shared, and role plays and the like approached with maximum curiosity and enthusiasm and ever-decreasing “performance anxiety.” Each student has knowledge and experience that will enhance the learning of his/her colleagues.

General student behavior policy
In order to learn, we must be open to the views of people different than ourselves. Each and every voice in the classroom is important and brings with it a wealth of experiences, values, and beliefs. In this time we share together over the semester, please honor the uniqueness of fellow classmates, and appreciate the opportunity we have to learn from each other. Please respect fellow students’ opinions and refrain from personal attacks or demeaning comments of any kind. Finally, remember to keep confidential all issues of a personal or professional nature discussed in class. In addition, some of our class discussions may be about cases from your field placements. As always, please respect the confidentiality of your clients and do not use identifying information.

**Professionalism**
Professionalism means showing up both physically and mentally, and actively working with the instructor to create a respectful and stimulating environment for learning. It means coming to class on time, having read & thought about all of the assigned material. Professionalism includes bringing questions, concerns and direct practice experiences to aid in understanding applications of course material. Sharing of direct practice experiences must be done in a way that is respectful to the client and protects clients’ rights to confidentiality. Also, as professionals, during class you are expected to take notes without needing an electronic device.

**Students with disabilities**
If a student has a disability that may require accommodation to complete the course expectations, please discuss this with the instructor within the first two weeks of class. Verification from the McBurney Disability Center is required for accommodations. Students registered with the McBurney Disability Resource Center must give the instructor a copy of their VISA within the first two weeks of class. If issues or barriers that impede learning arise, students are expected to bring these to the attention of the instructor as soon as possible.

**Recycling papers or prior work**
Assignments submitted for other courses, in part or full, will not be accepted as fulfillment of assignments for this course.

**Reading assignment policy**
You are required to read all assigned readings prior to class, and to be prepared to discuss these readings in class.

Students are responsible for completing any class requirements and for obtaining from a fellow classmate any assignments, materials, and communications missed due to absence, late arrival, or early departure.

Students who must be absent due to inclement weather, illness, or other emergencies must contact the instructor prior to the start of class to be considered for an excused absence. It is up to the instructor to determine whether an absence will be excused.

**Late assignment policy**
Any requests for extensions on assignments must be made and approved in advance. Unapproved late assignments will be marked down 20% of the total points for that assignment for each day
the assignment is late. If you are not able to be in class the day an assignment is due, you are still responsible for turning in your assignment on the due date.

Learn@UW
All students are required to access Learn@UW for course content and assignments. Students are advised that Learn@UW can provide the instructor with information regarding students’ use of the course website.

Plagiarism & academic integrity
Plagiarism involves presenting someone else’s work or ideas as your own without appropriate citation and acknowledgment, and is an extremely serious form of academic misconduct that may result in suspension from the University. Students are responsible for being familiar with this policy.

Use of Technology in the Classroom
In order to learn, you must be respectful to your fellow classmates and guest speakers by not using technology in the classroom. Please turn off your cell phones at the start of class, do not send or receive text messages and do not use laptops. If you use your cell phone or laptop, or send and/or receive text messages during class, you will be asked to leave the classroom immediately and will need to meet with Professor Glass in order to be allowed to return the next class period.

Attendance
Due to the accelerated nature of courses in the University of Wisconsin-Madison Part-Time MSW Program, students are expected to attend all scheduled classes and to arrive on time.

Promptness
Prompt arrival to all courses is required.
• Instructors may take actions they deem appropriate if a student is consistently tardy
• Instructors may also consider a significantly late arrival or early departure as an absence

Absence
To ensure a quality educational experience, students must attend and participate in classes.
• Attendance will be taken at each class and students’ level of participation noted
• Excused & Unexcused Absences:
  ~ The first unexcused absence will result in a student’s grade being dropped one full grade
  ~ The second unexcused absence will place the student at risk for failing the course
  ~ On a case by case basis, it is left to the instructor’s discretion as to what is defined as an excused absence as well as to determine appropriate follow up plans
• Additional graded make-up work appropriate for the content missed may be assigned for excused and unexcused absences.
• Students are responsible for completing any class requirements for the day missed, and for obtaining from a fellow classmate any assignments, materials, and communications missed due to absence, late arrival, or early departure.
• Students who must be absent due to inclement weather or other emergencies should contact the instructor prior to the start of class to be considered for an excused absence.

• Inclement Weather Policy
  ~ If there is inclement weather across the Program area, students will be expected to check their email prior to leaving for class to confirm whether classes are cancelled.
  ~ If classes are not cancelled but an individual student concludes he/she cannot safely travel to reach his/her class site, the student must contact his/her instructor(s) regarding his/her plan to not travel. This absence will be considered excused and makeup work may be assigned.
  ~ If classes at one or both sites are cancelled by the Program Director and Co-Director, then no makeup assignment will be required for those respective students; however, the class time will be rescheduled. The Program Coordinator will notify students by email within 72 hours of the cancellation regarding the planned class day/time additions.

Feedback to the instructor
At UW-Madison, we greatly appreciate student input regarding reactions to, suggestions, and/or concerns about the course. In person or written (anonymous or identified) comments are always welcome. There will also be opportunities to provide formal course and instructor feedback.