I. Catalogue Description

Focuses on the core practice theories, conceptual frameworks and intervention skills necessary for social work practice in mental health.

II. Course Overview

The purpose of this course is to prepare students to understand how the interpersonal approach provides a foundation for clinical social work. Building on knowledge and skills identified in SW441: Generalist Practice with Individuals, Families & Groups and SW612: Generalist Psychopathology, this course moves to intervention planning, focusing on strategies that are effective and culturally appropriate, collaborative with the person seeking services, and based in the clinician’s understanding of how change will be facilitated and evaluated across various treatment models. Engagement skills will be expanded to help students understand and observe interpersonal processes that contribute to positive therapeutic alliance and positive intervention outcomes. The course will discuss challenges based on multiple dimensions of diversity and the process of developing and maintaining an effective cross-cultural treatment alliance. Emphasis will also be placed on the development of self-knowledge and skills in self-reflective processes necessary to understand and address interpersonal process dynamics. This course meets the Advanced Practice requirement for the Advanced Generalist Curriculum. The focus or context for this Advanced Practice course is mental health. For non-mental health focus area students, this course may be taken as a free elective.

III. Course Competency, Description, and Dimensions

Social Work Education is framed by a competency-based approach to curriculum design. At the conclusion of their education, social work students are expected to be competent in 9 core areas.
Competency is achieved through mastery of course content as measured through course activities, readings, assignments, and behaviors learned in field experiences, and which are derived from social work knowledge, values, skills, and cognitive and affective processes. The competencies addressed in this course can be found in Appendix A.

IV. Course Content
Time: 3:30 to 5:25 p.m. Tuesdays

Week 1 (9/12/17)
Introductions; Recovery Orientation and Framework for Clinical Social Work & Interpersonal Processes

Discussion: Overview of course content/syllabus
  What is clinical process?
  What distinguishes clinical social work from other disciplines?
  Setting up the therapy environment that is based on a collaborative approach.
  What does recovery or “getting better” mean? How might this change when taking into consideration the dimensions of diversity?

Required Reading:
Please read the entire syllabus prior to the start of class and come prepared with questions.


Required Viewing:
What is Mental Health Recovery [2.18]. Retrieved at https://youtu.be/pK0RBWiXPNE

Recommended Reading/Viewing:


**Week 2 (9/19/17)**

**Self-care & Mindfulness in Practice**

**Discussion:** Vicarious Trauma as normal reactions to working with survivors
Self-care strategies; Evaluating your burnout/need for self-care
Use of writing and journaling for self-care throughout the course

**Required Reading:**


**Required Viewing:**
Easy Mindfulness Exercises. [2.00] Obtained from: [https://youtu.be/L-IZArfQHOo](https://youtu.be/L-IZArfQHOo)

**Recommended Reading/Viewing:**
20 Minute Guided Mindfulness Exercise. [20.24] Obtained from: [https://youtu.be/thYoV-MCVs0](https://youtu.be/thYoV-MCVs0)


**Week 3 (9/26/17)**

**Establishing, Maintaining and Evaluating the Working Alliance**

**DUE to Canvas:** Reflection Paper #1

**Discussion:** What is interpersonal process?
What are core concepts of interpersonal process interventions?
The Common Factors Model across treatment approaches.
Understanding and evaluating engagement and the therapeutic alliance from client and therapist perspectives.
Understanding and evaluating engagement and the therapeutic alliance from multicultural perspectives.
Knowing various cultural models of health, wellness, and illness.
Assessing the therapeutic alliance in cultural context. When do you address cultural differences in relational context?

**Required Reading:**


**Required Viewing:**


Treating Trauma: Minimizing Re-traumatization in Interviewing and Assessment: Webinar by Dr. Patricia Shannon [1.00.46] obtained from [https://vimeo.com/158973693](https://vimeo.com/158973693)

**Recommended Readings/Viewings:**

Establishing and Maintaining the Therapeutic Alliance [1.52]. Obtained from [https://youtu.be/N65OWrTbQNg](https://youtu.be/N65OWrTbQNg)


   Chapter 4~ Individuals: Coming out and identity development (pp. 91-112)
   Chapter 5~ Individuals: Disclosures (pp. 113-140).


**Week 4 (10/3/17)**

**Change Strategies: Stages of Change**

**Quiz 1 will open @ 5:30 pm after class and remain available through 10/10/17 at 3:30 pm.**

**Discussion:** Review stages of change and goal setting utilizing SMART goal writing language. How is change conceptualized when considering various dimensions of diversity (and how a person’s dimensions intersect)? Engaging clients in constructing “solvable” problems and use of benchmarks

**Required Reading:**


**Required Viewing/Listening:**


**Recommended Reading/Viewing:**


Working with Reluctant/Involuntary Clients by Dr. Ron Rooney [59.56] obtained from [https://vimeo.com/159808963](https://vimeo.com/159808963)
Week 5 (10/10/17)
Change Strategies: Internal Focus for Change & Helping Clients with Feelings
DUE to Canvas by 3:30 pm: Quiz #1: Weeks 1-4 Concepts

Discussion:  Change Strategies considering the person’s intersecting dimensions
Helping clients focus inward and placing locus of change w/ clients
Assessing and responding to clients’ feelings
Role of Attachment Theory and responding to clients’ distress

Required Reading:


Required Viewing:
Attachment Theory- Understanding the Essential Bond [8.21] obtained from https://youtu.be/kwxjfuPlArY

Recommended Readings:


Week 6 (10/17/17)
Clarifying the Client’s Problem & Interlocking Theoretical Approaches with Treatment Focus
DUE in Class: Theoretical Research & Presentations- Group 1

Discussion: How to clarify the presenting problem (while staying attuned to the intersection of a person’s various dimensions of diversity)
How to use theory to guide problem clarification and choosing interventions

Group Presentations on Various Theoretical Approaches: (3 groups @ 20 minutes each)

Required Reading: TBD

Required Viewing: TBD

Week 7 (10/24/17)
Clarifying the Client’s Problem & Interlocking Theoretical Approaches with Treatment Focus
DUE in Class: Theoretical Research & Presentations- Group 2

Discussion: Group Presentations on Various Theoretical Approaches (4 groups @ 20 minutes each)

Required Reading: TBD


Required Viewing: TBD

Recommended Reading:

Shannon, P.J., Wieling, L., Becher, E., Simmelink-McCleary, J. (2014). Exploring the mental health effects of political trauma with newly arrived refugees. Qualitative Health research, Published online first: Sept. 2

Week 8 (10/31/17)
Familial & Developmental Factors for Consideration & Interpersonal Coping Strategies
Due into Canvas: Reflection Paper #2 on The Color of Hope Narrative

Discussion: Attachment styles and clinical presentation in adult treatment
Role of parenting styles and conditions of worth
Addressing unmet developmental needs
Examining interpersonal coping strategies
Required Readings:


Recommended Reading:


**Week 9 (11/7/17)**

**Developing Treatment Focus: Collaborative Assessment and Case Formulation**

**Discussion:** Identifying client’s strengths and level of care needs
Engaging the client in the creation of Wellness Recovery Action Plans (WRAP) and collaborative treatment plans
Confronting motivation for change and unconscious contributions

**Required Reading:**


**Recommended Readings:**

**Week 10 (11/14/17)**

**Understanding Relational Dynamics/Themes and Reparative Experiences in Interpersonal Process**

*Quiz 2 will open @ 5:30 pm after class and remain available through 11/21/17 at 3:30 pm.*

**Discussion:**
- Using patterns to understand and change present difficulties
- Strategies for bringing client’s conflicts and beliefs into the therapeutic process
- Addressing conflicts in process, working with transference
- Understanding and processing a corrective experience

**Required Reading:**


**Required Videos:**
- How Childhood Trauma Affects Health Across a Lifetime by Dr. Nadine Burke Harris [16.02] obtained at [https://youtu.be/95ovIJ3dsNk](https://youtu.be/95ovIJ3dsNk)

**Recommended Readings:**


**Week 11 (11/21/17)**

**Specific Treatment Approaches: Dialectical Behavior Therapy (DBT); Illness Management & Recovery (IMR); Exposure Therapy**
DUE to Canvas by 3:30 pm: Quiz #2: Weeks 5-10 Concepts

Discussion: Examine specific evidence-based therapeutic approaches
Determine the presenting issues and which approach to use

Required Reading:


Required Videos:
Illness Management and Recovery -and Introductory Video by [14.43] obtained from [https://www.youtube.com/watch?v=qaXEbGW5mH4](https://www.youtube.com/watch?v=qaXEbGW5mH4)

Interview with Martha Linehan on Dialectic Behavior Therapy (DBT). (30.24) [https://www.youtube.com/watch?v=fR7Oi0cyoVo&feature=youtu.be](https://www.youtube.com/watch?v=fR7Oi0cyoVo&feature=youtu.be)

Recommended Readings/Videos:
Emotional Dysregulation by Dr. Amy Krentzman [51.29] obtained from [https://vimeo.com/158972768](https://vimeo.com/158972768)


**Week 12 (11/28/17)**
Catch up/TBD

**Week 13 (12/5/17)**
Specific Treatment Approaches: Co-Occurring Disorders/Integrated Dual Disorder Treatment (IDDT); Cognitive Behavior Therapy (CBT).

Discussion: Examine specific evidence-based therapeutic approaches
Determine the presenting issues and which approach to use
Scrutinizing the approach for the use in diverse communities

Required Reading:


Required Videos:
What is CBT? Cognitive Behavior Therapy explained [2.38] obtained from https://youtu.be/0ViaCs0k2jM

Webinar by Dr. Erwin Concepcion - Integrated Mental Health and Substance Abuse Assessment: A Practical Approach - August 9, 2013 [1.03.51] obtained from https://vimeo.com/159808156

Recommended Readings:
Introduction to CBT for Psychosis by Kate Hardy obtained from http://www.easacommunity.org/PDF/CBTp_session3_revised.pdf


**Week 14 (12/12/17)**
**Getting Unstuck; Working through and Termination; Wrap-up**
**DUE to Canvas by 11:59 pm on 12/13/17: Final Paper**

**Discussion:**
Resistance as trying to cope with familiar patterns
Use of motivational interviewing to engage clients and address resistance/competing goals
Addressing/assisting willingness to work, new learning
Use of supervision to address “stuckness”
Wrap-Up
Class evaluations

**Required Reading:**


Recommended Readings:


V. Texts and Reading Materials for the Course

Required Texts


Optional Texts and Readings


Additional Readings, both required and optional, will be made available on the Canvas site.

VI. Evaluation: Assignments, Grading and Methods

Grade Standards:
Students will earn points toward their final grade as noted below:

<table>
<thead>
<tr>
<th>Points</th>
<th>Grade</th>
<th>What the point totals &amp; subsequent grad generally indicate</th>
</tr>
</thead>
<tbody>
<tr>
<td>94-100</td>
<td>A</td>
<td>Outstanding, excellent work in all areas</td>
</tr>
<tr>
<td>88-93</td>
<td>AB</td>
<td>Outstanding, excellent work in many areas</td>
</tr>
<tr>
<td>82-87</td>
<td>B</td>
<td>Meets expectations in all areas</td>
</tr>
<tr>
<td>76-81</td>
<td>BC</td>
<td>Meets expectations in most areas; below in others</td>
</tr>
<tr>
<td>70-75</td>
<td>C</td>
<td>Below expectations in most areas; not acceptable graduate work</td>
</tr>
<tr>
<td>64-69</td>
<td>D</td>
<td>Below expectations in all areas</td>
</tr>
<tr>
<td>&lt;64</td>
<td>F</td>
<td>Course failure</td>
</tr>
</tbody>
</table>

Due Dates at a Glance:

<table>
<thead>
<tr>
<th>Assignment*</th>
<th>Due Date</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reflection Paper #1</td>
<td>By 9/26/17 @ 1:00 pm</td>
<td>10 points</td>
</tr>
<tr>
<td>Quiz #1: Weeks 1-4 Concepts</td>
<td>By 10/10/17 @ 3:30 pm</td>
<td>10 points</td>
</tr>
<tr>
<td>Small Group Theoretical Research &amp; Presentation</td>
<td>10/17/17 or 10/24/17 (will sign up for date)</td>
<td>25 points</td>
</tr>
</tbody>
</table>
ASSIGNMENTS

**Assignment #1: Reflection Paper #1:**
Due: 9/26/17  
Value: 10 points

In this assignment, you are asked to write specifically on the topic of your anxieties or insecurities as a social work therapist-in-training. You will address how you recognize your anxiety/insecurities especially around issues of difference and diversity, avoid countertransference issues, and manage these anxieties and affective reactions to effectively engage with your clients. **I will be looking for content that reflects critical thinking, self-awareness and consideration of how your own beliefs and feelings impact your interaction with clients.**

Further detailed instructions will be handed out in class and posted on Canvas. Reflection Paper #1 is to be submitted to the Canvas course site by 9/26/17 @ 1:00 pm. This assignment will be graded according to the following rubric:

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Answers each questioned posed</td>
<td>/1</td>
<td></td>
</tr>
<tr>
<td>Reflects thoughtfully and critically on the questions posed and demonstrates an exploration of one’s own thoughts and feelings (self-awareness) about their clinical social work practice (e.g. connects the reflection to their practice).</td>
<td>/3</td>
<td></td>
</tr>
<tr>
<td>Illustrates a depth to the self-reflection (e.g. does not just point out the superficial or obvious, but analyzes specific feelings/thoughts/behaviors more deeply) and presents further insights and ideas</td>
<td>/3</td>
<td></td>
</tr>
<tr>
<td>Demonstrate proficient understanding of how your own beliefs and feelings of diversity and difference may impact your social work practice</td>
<td>/2</td>
<td></td>
</tr>
<tr>
<td>Organization/Grammar/Clarity/Spelling</td>
<td>/1</td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>/10</strong></td>
<td></td>
</tr>
</tbody>
</table>

**Assignment #2: Weekly Quizzes (total of 2)**
Due: 10/10/17 and 11/21/17
Value: 10 points per quiz (20 points total)

Quizzes will be administered online via Canvas beginning in week 4 following class 4. Questions will be worth 0.5 points each. Quizzes may contain a mix of multiple choice and true or false with 20 questions per quiz. The content of the quizzes will focus on core concepts from the main texts and lecture, including the application of concepts to practice situations. Quiz #1 will contain information from Weeks 1-4; Quiz #2 will contain information from Weeks 5-10. Quizzes completed on Canvas will provide you with the opportunity to refer to your class materials and take the quiz multiple times as needed to achieve your desired grade. Quizzes are available for one week and attempts/submissions will not be accepted past 1:00 pm of the next class period (e.g. Quiz #1 will be available after class on 10/3/17 at 5:30 pm and will remain open through 3:30 p.m. on 10/10/17 (start of next class)).

Assignment #3: Small Group Theoretical Research & Presentations
Due: 10/17/17 and 10/24/17 (sign-up sheet will be routed for dates of presentations)
Value: 25 points

Advanced social work practice in mental health requires social workers to have a full range of theoretical approaches that drive treatment decisions and interventions (Turner, 2017). The purpose of this assignment is to introduce you to a broad array of theoretical approaches, each of which highlight a different aspect of the human condition, and assist you in critically evaluating one approach. By having knowledge of broader-based theoretical approaches for your social work practice, it may assist you in not becoming overly identified with one narrow focus that limits understanding of diverse clients and their contexts.

This assignment is worth 25 points and presentations will be held in class on either October 17 or 24th, 2017. (A sign-up sheet will be provided in class to schedule dates for pairs to present their theoretical approach in class).

The following are the steps for this assignment:

Step 1: Choose a partner for the assignment.

Step 2: With your partner, choose a theoretical approach you will research and present to the class. I will supply the class with a list of theoretical approaches you may choose from or you may also offer up a theoretical approach you are interested in (and not on the list).

Step 3: Conduct a literature search and gather information on your chosen theoretical approach. Make sure that the information is from reputable sources (e.g. texts, credible websites, peer-reviewed journals). Between you and your partner, you should have no less than 5 resources. You will be asked to highlight one reading/resource to assign to the class that informs them in some way on your theoretical approach.

Step 4: Prepare to present your findings to the class. Specifically, be ready to:
   a) Briefly summarize the theoretical approach
   b) Provide the main tenets or components of the approach
c) Identify some positive outcomes of the approach (e.g. who gets better, under what circumstances? Are there also other implications of using this approach?)

d) Identify the theoretical approach’s limitations (e.g. what are the criticisms of the approach?)

e) Highlight any pertinent information on the theoretical approach’s use with a diverse population and critically analyze the approach’s applicability to a diverse population (e.g. does the literature talk about the approach specific to various diverse populations (age? Race? Ethnicity? gender? Is it hard to tell?)

f) Summarize if you feel you will end up using this approach in your social work practice and why/why not.

Step 5: Present the theoretical approach to the class (guidelines for the class presentations will be determined after students have had the opportunity to collaboratively choose the format of the presentations). The presentations will provide the opportunity for students to gain knowledge on multiple theoretical approaches and to analyze if the presented approach may be one that they adopt within their own social work practice.

Step 6: Write-up your findings in a paper using the delineated talking points in Step 4 above. This paper should be between 7-10 pages and cover all the points of your presentation. This paper may contribute to the semester’s final paper, in which you will choose one theoretical approach and apply it to a client scenario. Papers must be typed, double-spaced, use 1-inch margins, be in 12 pt. Times New Roman font and have proper APA citations and formatting (use APA style with in-text parenthetical references as well as a reference list). Remember that material that is not correctly cited will be considered plagiarized. Pages should be numbered. This assignment should be checked thoroughly for correct spelling and grammar.

Papers will be due into Canvas no later than 10/24/17 by 11:59 pm.

Grading Rubric for Small Group Theoretical Approach Research & Presentation Assignment

Presentation (7 points) and Paper (18 points)

<table>
<thead>
<tr>
<th>Presentation (7 points)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Effectively summarizes the theoretical approach in an engaging</td>
<td>2 points</td>
</tr>
<tr>
<td>and clear way</td>
<td></td>
</tr>
<tr>
<td>Provided a clear discussion of the positive outcomes of the</td>
<td>1 points</td>
</tr>
<tr>
<td>approach</td>
<td></td>
</tr>
<tr>
<td>Identified the limitations and/or criticisms of the theoretical</td>
<td>1 points</td>
</tr>
<tr>
<td>approach</td>
<td></td>
</tr>
<tr>
<td>Shared relevant information on the approach’s applicability</td>
<td>1 points</td>
</tr>
<tr>
<td>across a diverse client population</td>
<td></td>
</tr>
<tr>
<td>Professional presentation demonstrating preparation, clarity,</td>
<td>1 points</td>
</tr>
<tr>
<td>and delivery</td>
<td></td>
</tr>
<tr>
<td>Provision of one relevant and meaningful resource (e.g. reading)</td>
<td>1 point</td>
</tr>
<tr>
<td>Total Presentation Points</td>
<td>7 points</td>
</tr>
</tbody>
</table>

| Paper (18 points)                                               |     |
| Effectively summarizes the theoretical approach                 | 5 points |
| Analyzes the theoretical approach (both positive outcomes and  | 4 points |
| limitations)                                                    |     |
| Addresses issues of the theoretical approach’s use with        | 4 points |
| diverse populations                                             |     |
| Provides rationale for if you will use this theoretical        | 2 points |
| approach in your work and why/why not                          |     |
| Organization/Grammar/Clarity/Spelling/APA citations and         | 3 points |
| formatting                                                     |     |
Assignment #4: Reflection Paper #2: The Color of Hope Narrative
Due: 10/31/17
Value: 10 points

In this assignment, you are asked to write a reflection on one of the personal narratives found in The Color of Hope: People of Color Mental Health Narratives that was meaningful to you. More specifically, you will answer the following questions within your paper: What did you find meaningful, and why? (e.g. was the narrative upsetting or unsettling? If so, why? Did the narrative illustrate a concept that was new to you?). How has diversity and difference characterized and shaped the persons’ experience and/or identity? Give at least two examples of how you would see yourself delivering culturally humble services to and/or engaging the person in the narrative in mental health services. What are at least two strengths of the person in your chosen narrative? How might you use one of the person’s strengths to engage them in mental health treatment?

Similar to the first reflection paper, I will be looking for content that reflects critical thinking and self-awareness. Additionally, I will be looking at how you understand diversity and difference and how you can apply that knowledge to facilitate engagement with clients, families and groups.

Further detailed instructions will be handed out in class and posted on Canvas. Reflection Paper #2 is to be submitted to the Canvas course site by 10/31/17 @ 1:00 pm. This assignment will be graded according to the following rubric:

<table>
<thead>
<tr>
<th>Reflects thoughtfully and critically on the questions posed and demonstrates an exploration of your own thoughts and feelings (e.g. self-awareness) about your clinical social work practice (e.g. connect your reflection to your practice).</th>
<th>/2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Illustrates a depth to the self-reflection (e.g. does not just point out the superficial or obvious, but analyzes specific feelings/thoughts/behaviors more deeply) and presents further insights and ideas.</td>
<td>/2</td>
</tr>
<tr>
<td>Demonstrates proficient understanding of how diversity and difference characterized and shaped the persons’ experience and/or identity in the story.</td>
<td>/2</td>
</tr>
<tr>
<td>Provides salient examples of how you may deliver culturally humble services to and/or engage the person in your narrative (e.g., showcases your ability to engage in clinical social work practice with a diverse community).</td>
<td>/2</td>
</tr>
<tr>
<td>Identifies a person’s strengths and can utilize those strengths to engage the person in mental health treatment.</td>
<td>/1</td>
</tr>
<tr>
<td>Answers all Questions/Organization/Grammar/Clarity/Spelling</td>
<td>/1</td>
</tr>
<tr>
<td>Total</td>
<td>/10</td>
</tr>
</tbody>
</table>
Assignment #5: Final Paper
Due: 12/14/17 @ 11:59 pm to Canvas
Value: 25 points

While it is important to have a fundamental knowledge of multiple theoretical approaches that professionals may use with individuals with mental health concerns, it is equally important to understand how treatment interventions are chosen via different theoretical lenses. Extending from the mid-term assignment of identifying and analyzing various theoretical approaches, the final paper will require you to demonstrate the application of a theoretical approach to a client’s treatment interventions. The purpose of this assignment is to help you gain skills in the creation of treatment interventions that align with your chosen theoretical approach(es).

Instructions: The following are the steps for this assignment:

Step 1: Provide context for a client you are working with, or a fictional client. Do NOT provide real names and make sure that in your description you protect the person's confidentiality. Do provide enough information that I can understand the clinical picture (e.g. demographics, diagnosis, presenting issues, reason for seeking services, etc. Think of it as you are a clinician and you are going on vacation and passing on just the pertinent information to a colleague who will cover for you in your absence). I need to be able to understand what the presenting issue(s) is/are, and what the client's goals are.

Step 2: Describe the theoretical approach that you are choosing to use. Provide a brief summary of the practice or research that informs your approach, including limitations and criticisms. Make sure to address the information on your theoretical approach's use with diverse populations. What influence does this information have on the application of this approach with your specific client?

Step 3: Using your theoretical approach demonstrate how your approach informs the assessment and conceptualization of the client’s problems and then suggest two treatment interventions that align within the theoretical framework you have chosen. Explain how the interventions would help engage and assist the person to reach their goals. Provide enough information as to why you are choosing the intervention and why you think it might work (e.g., I am looking for your rationale for choosing the identified intervention).

Step 4: Explain how would you evaluate your chosen interventions and the outcomes? How would you determine if the intervention has any success or not?

Step 5: Write your paper using the delineated points in Step 4 above, and in the order outlined. This paper should be between 8-10 pages. Papers must be typed, double-spaced, use 1-inch margins, be in 12 pt. Times New Roman font and have proper APA citations and formatting (use APA style with in-text parenthetical references as well as a reference list). Remember that material that is not correctly cited will be considered plagiarized. Pages should be numbered. Please use a cover sheet, which will not count toward the total page count, that lists your name, section, and title. This assignment should be checked thoroughly for correct spelling and grammar. I am willing to review draft papers, but they must be submitted no later than a week before the final paper deadline (and it will be first come, first serve).
# Grading Rubric for Final Assignment (25 points total)

**Paper (25 points)**

<table>
<thead>
<tr>
<th>Step 1:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Provides a comprehensive and clinically clear picture of the individual receiving services</td>
<td>3 points</td>
</tr>
<tr>
<td>Lists the diagnostic information in Step 1 in a strengths-based way</td>
<td>1 point</td>
</tr>
<tr>
<td>Delineates clear and measurable client goals</td>
<td>1 point</td>
</tr>
<tr>
<td><strong>Step 2:</strong></td>
<td></td>
</tr>
<tr>
<td>Provides a summary of the identified theoretical approach, including criticisms and limitations</td>
<td>3 points</td>
</tr>
<tr>
<td>Addresses issues of the theoretical approach’s use with diverse populations</td>
<td>2 points</td>
</tr>
<tr>
<td><strong>Step 3:</strong></td>
<td></td>
</tr>
<tr>
<td>Explanation of how your approach informs the assessment and conceptualization of the client’s problems</td>
<td>4 points</td>
</tr>
<tr>
<td>One treatment intervention that aligns within the theoretical framework is described and how that intervention engages and assists the person to reach their goals is clearly described.</td>
<td>2 points</td>
</tr>
<tr>
<td>Second treatment intervention that aligns within the theoretical framework is described and how that intervention engages and assists the person to reach their goals is clearly described.</td>
<td>2 points</td>
</tr>
<tr>
<td>Rationale for choosing each intervention is sufficient (e.g. why your chose the intervention and why you think it might work).</td>
<td>2 points</td>
</tr>
<tr>
<td><strong>Step 4:</strong></td>
<td></td>
</tr>
<tr>
<td>Description of how the intervention and outcomes would be assessed and evaluated</td>
<td>3 points</td>
</tr>
<tr>
<td><strong>Step 5:</strong></td>
<td></td>
</tr>
<tr>
<td>Organization/Grammar/Clarity/Spelling/APA citations and formatting/following paper guidelines</td>
<td>2 points</td>
</tr>
</tbody>
</table>

**Total Paper Points (25 points possible)** /25 points

---

**Participation/Professionalism**

**Due:** 12/12/17  
**Value:** 10 points

**Participation** is **REQUIRED**. Effective participation consists of having completed readings and other assignments, the ability to integrate social work concepts with field and other experiences, AND the ability to fully engage in problem solving and other exercises (presenting social work issues or other perspectives for discussion as well as responding to other students who present issues). It also includes arriving to class on time. You are required to be an alert, attentive and active participant in this class. This includes attentive non-verbal behavior and offering comments relevant to course dialogue. Participation can be challenging for some students. Please see instructor EARLY in the semester if you need any assistance in this or any other areas, as students will be expected to actively participate in each class. As part of your participation grade, a self-reflection and rating of your own participation will be required at the end of the semester.
VII. Course Policies

Classroom Climate:
Classroom climate, or the way a classroom space feels to everyone in the room based on communication, norms, values and processes, impacts participation, motivation and learning. Meeting course objectives requires that the instructor and students actively work to create a learning environment that is respectful and safe so that ideas can be examined honestly, diverse viewpoints shared, and in-class activities approached with maximum curiosity and enthusiasm. In order to learn, we must be open to the views of people different from ourselves. Diversity in beliefs, ideas and lived experiences are highly valued here. Each student has knowledge and experience that will enhance the learning of their colleagues and each voice is important. In our time together over the semester, please honor the uniqueness of your fellow classmates, and appreciate the opportunity we have to learn from each other. Because the class will represent diverse individual beliefs, backgrounds, and experiences, every member of this class must show respect for every other member of this class. We will share the challenges of upholding our community guidelines and responding to moments when we fail to abide by them. Students will be held accountable for what they are expressing verbally and nonverbally. Students are expected to keep confidential all issues of a personal or professional nature discussed in class.

I am firmly committed to diversity and equality in all areas of campus life and building an inclusive classroom space where everyone feels safe and welcome. I recognize that we all have biases. Discrimination can be direct or indirect and take place at both institutional and personal levels. I believe that such discrimination is unacceptable and I am committed to providing equality of opportunity for all by eliminating any discrimination, harassment, bullying, or victimization. I invite you to bring any concerns in this regard to my attention.

Student Wellness
As a student you may experience a range of issues that can cause barriers to learning. These might include strained relationships, anxiety, high levels of stress, alcohol/drug problems, racism, feeling down, and/or loss of motivation. University Health Services (UHS) can help with these or other issues you may be experiencing. You can learn about the free, confidential mental health services available on campus by calling (608)265-5600 or visiting www.uhs.wisc.edu. Help is always available.

Other student support services and programs include:
- Multicultural Student Center https://msc.wisc.edu/
- LGBT Campus Center https://lgbt.wisc.edu/
- Dean of Students Office https://www.students.wisc.edu/doso/

Below are resources for reporting and responding to incidences of bias and hate on campus.
- Report: https://students.wisc.edu/doso/services/bias-reporting-process
- Bias Response and Advocacy Coordinator email: reportbias@wisc.edu
- UW-Madison Police Department: uwpd.wisc.edu
- Office of Equity and Diversity: www.oed.wisc.edu/
You may also report incidents in-person to the Dean of Students Office, 70 Bascom Hall, during normal business hours. Reportable incidents include crimes such as vandalism or physical assault, as well as non-academic misconduct, slurs, and intimidation. Anyone who files a report will have the opportunity to meet with the Bias Response and Advocacy Coordinator, so that we can meet their needs and ensure their safety.

Support for Survivors of Sexual Violence
If a student comes to me to discuss or disclose an instance of sexual assault, sex discrimination, sexual harassment, dating violence, domestic violence or stalking, or if I otherwise observe or become aware of such an allegation, I will keep the information as private as I can. However, Chapter 36.11 (22), Wisconsin Statutes, requires “any person employed at [UW-Madison] who witnesses a sexual assault on campus or receives a report from a student enrolled in the institution that the student has been sexually assaulted shall report to the dean of students of the institution. The dean of students shall compile reports for the purpose of disseminating statistical information.” As a faculty member, I am therefore required to report to the dean of students.

For further information about rights and resources:

Out-of-Class Contact with Instructor
I encourage students to meet with me outside of class to discuss concerns, answer questions and provide comments and feedback. I am usually available to meet briefly right before class, during break and right after class ends. Rather than holding office hours, I prefer to meet with students by appointment. Please email me with a request to arrange a time to meet. I am happy to meet students in the Social Work Library or the Wisconsin Institutes for Discovery coffee shop if this is a more comfortable and welcoming space for you.

Electronics:
To minimize disruptions to class process all devices must be turned off during the class period unless the instructor gives instructions to utilize electronic devices for a class activity. If you have an urgent reason for leaving your phone on, please inform the instructor prior to the class beginning. If there is a medical or other serious need for these devices, please speak to the instructor before class. Audio recording of classes will be allowed only after full disclosure to the class that an audio recorder is operating.

Note on Accommodation of Student Disability:
The University of Wisconsin-Madison supports the right of all enrolled students to a full and equal educational opportunity. The Americans with Disabilities Act (ADA), Wisconsin State Statute (36.12), and UW-Madison policy (Faculty Document 1071) require that students with disabilities be reasonably accommodated in instruction and campus life. Reasonable accommodations for students with disabilities is a shared faculty and student responsibility. Students requiring accommodation, as approved by the McBurney Center, are expected to provide the instructor with a copy of their Verified Individualized Services and Accommodation (VISA) by the second week of the semester, or as soon as possible after a disability has been incurred or recognized. For more information, please contact the McBurney Center at
I will work directly with you and in coordination with the McBurney Center to identify and provide reasonable instructional accommodations. Disability information, including instructional accommodations as part of a student's educational record, is confidential and protected under FERPA. If you require accommodations to obtain equal access to this class or to any assignments, please contact me as soon as possible.

**Attendance Policy:**
Students are expected to attend all scheduled classes and to arrive on time.

- **Promptness**
  Prompt arrival to all classes is required. Repeated tardiness will impact your grade. I will consider a late arrival or early departure of more than 20 minutes an absence.

- **Absence**
  If you must miss class you are required to inform me via email in advance. Students are responsible for completing any class requirements for the day missed, and for obtaining from a fellow classmate any assignments, materials, and communications missed due to absence, late arrival, or early departure. Students who must be absent due to inclement weather or other emergencies must contact me prior to the start of class. Students who are absent three or more times in the semester will be required to schedule a meeting with the instructor to discuss their performance and continuation in the course. Three or more absences may lead to a student receiving a failing grade.

**Religious Holidays:**
I recognize that students’ choices to observe religious holidays that occur during periods when classes are scheduled. Students are encouraged to arrange with their instructor to make-up work missed as a result of religious observance, and instructors are asked to make every reasonable effort to accommodate such requests.

**Reading and Media Assignments:**
You are expected to have read, viewed and listened to all assigned material prior to the class date under which the readings are listed above. Reading and critically evaluating what you have read is necessary so that you can learn, actively participate in class discussions, and successfully complete written assignments.

**Canvas**
All students are required to access Canvas for course content and assignments. If you have difficulty with Canvas, you should contact the DoIT helpdesk.

**Late assignment policy**
Assignments are due on the date specified by 11:59 p.m. If you are not able to be in class the day a written assignment is due, you are still responsible for turning in your assignment on the due date. If a student a) communicates with me at least 48 hours prior to the due date, b)
provides a reasonable justification for an extension, and c) we come to an agreement about a revised deadline, the assignment handed in by the new date will be considered “on time.” Unapproved late assignments will be marked down 1 point for each day the assignment is late.

Written Assignment Policy:
1. All written assignments are to be completed in Microsoft Word, without exception. The instructor will not review assignments submitted in another format.
2. Always include a cover sheet (not counted as one of the required pages) with the title of the paper, your name, the date turned into the instructor, course number, and course title (do not put this information on the first page of your paper).
3. Students must format assignments using one-inch margins, double-spacing, and a Times New Roman 12-point font unless indicated otherwise.
5. Reference pages must be on a separate sheet from the paper (not counted as one of the required pages). When required to use references, you must use peer-reviewed journals.

Websites may only be used with prior approval from the instructor.
6. Papers should be placed in the Canvas by the due date and time listed in this syllabus under each assignment. You will receive a confirmation e-mail when your paper is successfully downloaded to the Canvas. It is your responsibility to be sure your paper has been downloaded properly. I will adhere to the policy on late assignments if an assignment is not received in Canvas by the time it is due.

Criteria for Assignments
Specific attention should be given to organization, paragraph and sentence structure, clarity, flow and correct citation using APA format. Before turning in any assignment, consider if the following criteria are met:
1. Validity, relevance, support of main points, ability to consider other perspectives.
2. Sources, quotes, and paraphrases appropriately identified; clear connection to course ideas/readings. Own thinking comes through.
3. Organization, clarity, logical flow, completed as required.
4. Has an introduction and conclusion, unless otherwise stated.
5. Paragraphs should have topic sentences that reflect the content of the paragraph and should have a smooth flow from one paragraph to the next.
6. Has depth, includes critical evaluation, is integrative-looks at the whole.
7. Appropriate grammar, spelling, format, etc.

Appealing a Grade:
Your goal for this and other courses should be to make the most of your learning experience, and not to simply “get an A.” Grade expectations should NOT be based on what you have received in other courses—this is never a legitimate argument for appealing a grade. If you have an issue with a grade that you receive in this course, please document the reasons for your appeal in writing and provide this to me. Your reasons for your appeal should include a discussion of (1) the extent to which you responded to assignment objectives, (2) the quality of your writing (to include grammar and spelling, organization, flow and clarity), and (3) your ability to demonstrate depth and critical thinking. If there is something about an assignment that is unclear to you, it is
your job to bring this to my attention in advance of the due date. Students wishing to appeal a grade must me with the information requested no later than two weeks after the assignment has been returned to students. If you receive a grade and wish to appeal parts of that grade, I require a 24-hour time frame from the time you receive the grade until I will respond to information about the grade.

**Code of Ethics, Student Rights and Responsibilities & Plagiarism**
BSW and incoming MSW students read and signed electronic forms of the NASW Code of Ethics, the School of Social Work Plagiarism Policy and the Student Rights and Responsibilities. In doing so, they agreed that while in the BSW or MSW Program they would honor the NASW Code of Ethics and Student’s Rights and Responsibilities, as well as adhere to the Plagiarism Policy and that should they not do so, sanctions would be imposed. BSW and MSW students are expected to adhere to these policies in the classroom, in the field and in the preparation of course assignments.

**Grade Appeals/Grievance Policy:**
The process for appeal a final grade is set forth in the School of Social Work’s Student Rights and Responsibilities Handbook.

http://socwork.wisc.edu/files/StudentRightsResponsibilities.pdf

**Appendix A**

<table>
<thead>
<tr>
<th>Competency and Description</th>
<th>Course Content relevant to Dimensions that Comprise the Competency*</th>
<th>Location in syllabus</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>2.1.2 Engage Diversity and Difference in Practice</strong></td>
<td>Lecture, reading, videos and discussion related to dimensions of diversity and the delivery of services (K, S, C/AP)</td>
<td>Weeks 1, 3, 4, 5, 6, 7, 8, 10, 11 and 14</td>
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<td></td>
<td>Discussion on meaning of recovery across dimensions of diversity</td>
<td>Week 1</td>
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<td></td>
<td>Discussion on gaining rapport &amp; therapeutic alliance with a diverse population</td>
<td>Week 3</td>
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<td></td>
<td>Video on minimizing re-traumatization by Dr. Shannon</td>
<td>Week 3</td>
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<td></td>
<td>Reading book &amp; discussion of The Color of Hope: People of Color Mental Health Narratives</td>
<td>Weeks 4-7</td>
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<td></td>
<td>Assignments: Reflection Paper #1 (K, V, S, C/AP)</td>
<td>p.13</td>
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<tr>
<td></td>
<td>Reflection Paper #2 (K, V, S, C/AP)</td>
<td>p. 16-17</td>
</tr>
<tr>
<td></td>
<td>Quiz 1 (K, S)</td>
<td>p. 14</td>
</tr>
<tr>
<td></td>
<td>Quiz 2 (K, S)</td>
<td>p. 14</td>
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</table>
their understanding of the forms and mechanisms of oppression and discrimination, and a recognition of the extent to which a culture’s structures and values, including social, economic, political, and cultural exclusions, may oppress, marginalize, alienate, or create privilege and power.

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<tr>
<th>2.1.4: Engage in Practice-Informed Research and Research-Informed Practice</th>
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<tr>
<td>Advanced Generalist social workers understand and demonstrate that evidence informed practice derives from multi-disciplinary sources and multiple ways of knowing, demonstrate the processes for translating research findings into their focus area of practice.</td>
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<tr>
<td>Small Group Theoretical Approach Research &amp; Presentation Assignment (K, V, C/AP)</td>
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<tr>
<td>Lecture, reading, videos and discussion related practice-informed research and research-informed practice (K, S, C/AP)</td>
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<tr>
<td>Videos on adverse childhood effects and evidence-based practices</td>
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<td>Assignments:</td>
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<td>Quiz 1 (K, S)</td>
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<td>Quiz 2 (K, S)</td>
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<tr>
<td>Final Paper (K, V, S)</td>
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<td>Final Paper (K, V, S)</td>
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<tr>
<th>2.1.6: Engage with Individuals, Families, Groups, Organizations, and Communities</th>
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<tr>
<td>Advanced Generalist social workers understand and demonstrate that engagement is an ongoing component of the dynamic and interactive process of social work practice in the focus area with, and on behalf of, diverse individuals, families, groups, organizations, and communities. They value the importance of human relationships. Advanced Generalist social workers understand and apply theories of human behavior and the social environment, and critically evaluate and apply this knowledge in the focus area to facilitate engagement with clients and constituencies, including individuals, families, groups, organizations, and communities. They understand and demonstrate an array of strategies to engage diverse clients and constituencies to advance practice effectiveness in the focus area. Advanced Generalist social workers demonstrate advanced understanding of how their personal experiences and affective reactions may impact their ability to effectively engage with diverse clients and constituencies in the focus</td>
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<tr>
<td>Lecture, readings, videos, discussion on gaining therapeutic alliance and engaging individuals in mental health culturally humble clinical practice (K, S, C/AP)</td>
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<tr>
<td>Small group discussion and exercise on Wellness Recovery Action Plans (WRAP)</td>
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<td>Assignments:</td>
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<tr>
<td>Reflection Paper #1 (K, V, S, C/AP)</td>
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<tr>
<td>Reflection Paper #2 (K, V, S, C/AP)</td>
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<td>Final Paper (K, V, S)</td>
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<td>Final Paper (K, V, S)</td>
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2.1.7 **Assess Individuals, Families, Groups**

Advanced Generalist social workers independently engage and apply their understanding of theories of human behavior and the social environment in the ongoing assessment of diverse individuals, families, groups, organizations and communities in a focus area. They engage in inter-professional collaboration and utilize methods of assessment appropriate to a focus area to advance practice effectiveness. Advanced Generalist social workers demonstrate an understanding of how their personal experiences and affective reactions may affect their assessment and decision-making.

| Lecture, readings, videos, discussion on assessment of individuals and how personal experiences/biases influence assessment and treatment in mental health practice (K, V, S, C/AP) | Weeks 2, 3, 4, 5, 10 & 14 |
| Discussion on use of supervision | Week 14 |
| Assignments: | p. 14 |
| Quiz 1 (K, S) | p. 14 |
| Quiz 2 (K, S) | |
| Small Group Theoretical Approach | |
| Research & Presentation Assignment (K, V, C/AP) | p. 14-16 |
| Final Paper (K, V, S) | p. 17 |

2.1.8 **Intervene with Individuals, Families, Groups**

Advanced Generalist social workers recognize and understand intervention is an ongoing component of the dynamic and interactive process of social work practice with, and on behalf of, diverse individuals, families, groups, organizations, and communities. They independently identify, analyze and implement evidence-informed interventions to achieve the goals of clients and constituencies in a focus area. Advanced Generalist social workers incorporate their knowledge of theories of human behavior and the social environment when selecting and implementing interventions in a focus area. They also engage in interdisciplinary, inter-professional, and inter-organizational collaboration as appropriate, in evaluating and implementing interventions.

| Lecture, reading, videos, and small/large group discussions focused on evidence-based therapy and interventions (K, S, V, C/AP) | Weeks 3, 4, 5, 6, 7, 9, 11 & 13 |
| Video & Discussion on Attachment Theory | Week 5 |
| Assignments: | |
| Small Group Theoretical Approach | p. 14-16 |
| Research & Presentation Assignment (K, V, C/AP) | p. 17 |
| Final Paper (K, V, S) | |

2.1.9 **Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities**

Advanced Generalist social workers recognize the importance of ongoing evaluation in the dynamic and interactive process of social work practice with, and on behalf of, diverse individuals, families, groups, organizations,

| Lecture, reading, videos, and small/large group discussions focused on evaluating outcomes and practice effectiveness within the therapeutic alliance as well as with treatment outcomes (K, S, V, C/AP) | Weeks 2, 3, 6, 7, & 9 |
| Assignments: | |
and communities. They are knowledgeable about various methods of evaluating outcomes and practice effectiveness in the focus area and incorporate their knowledge of theories of human behavior and the social environment when evaluating outcomes. Advanced Generalist social workers employ qualitative and quantitative methods as appropriate for evaluating outcomes and practice effectiveness in the focus area.

| Reflection Paper #1 (K, V, S, C/AP) | p. 13 |
| Reflection Paper #2 (K, V, S, C/AP) | p. 16-17 |
| Small Group Theoretical Approach Research & Presentation Assignment (K, V, C/AP) | p. 14-16 |
| Final Paper (K, V, S) | p. 17 |

*K=Knowledge; V=Values; S=Skills; C/AP= Cognitive and Affective Processes*