

Heidi Frank, MSW, LCSW
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Academic History

Graduate: College of St Catherine/ University of St. Thomas

Degree: Master of Social Work

Attendance: June 2004- May 2005

Undergraduate: University of Wisconsin- Oshkosh

Degree: Bachelor of Arts, Social Work

Attendance: September 1995- May 1999

Licensure

Licensed Clinical Social Worker, 7408-123, State of Wisconsin Department of Regulation and Licensing

Clinical Experience

October 2015- present

University of Madison- Part-time Masters of Social Work Program

Lecturer, 870 Assessing and Treating Adults
Eau Claire, WI

- Prepare course syllabus with relevant and up to date assignments and materials
- Coordinate and teach curriculum and mental health topics for treatment of adults

August 2012- present

University of Madison Part-time Master of Social Work Program

Field Instructor
Eau Claire, WI

- Prepare course syllabus
- Teach weekly field seminars with a variety of topics
- Utilize course assignments to review progress
- Place upcoming students in clinical settings
- Supervise students in clinical learning environment

December 2010-present

Mayo Clinic Health System Eau Claire

Outpatient Psychotherapist
Clinical Social Worker
Eau Claire, WI

- Intensively trained- Dialectical Behavioral Therapy, 2013
- Level II, Eye Movement Desensitization Reprocessing Therapy
- Co-Team Leader for DBT informed therapy treatment and implementation of adherent program
- Individual and group therapy for individuals struggling with chronic mental illness and emotional dysregulation
- Assessment and diagnosis of mental illness

December 2006- 2010

Luther Hospital
Inpatient Behavioral Health
Clinical Social Worker
Eau Claire, WI

- Individual and group psychotherapy
- Crisis-oriented family therapy and psychoeducation
- Crisis intervention and stabilization of the patient's acute psychiatric symptoms
- Cognitive-Behavioral oriented therapy groups focused on symptom management and coping skills
- Relapse prevention group to provide psychoeducation and teach implementation skills
- Case management and collaboration with the patient's outpatient clinician, physicians, family and community agencies to facilitate an integrated approach and establish comprehensive transition plans
- Intern supervisor for BSW and MSW students
- On-going training and support to interdisciplinary team for Cognitive-Behavioral groups

October 2005-December 2006

Omne Clinic, Inc.
Clinical Therapist
Eau Claire, WI

- Child and Family psychotherapy
- Play Therapy
- Diagnostic assessments for children, adolescents, families and adults
- Crisis on-call intervention

May 2005- October 2005

Fraser Child and Family Center
Preschool Mental Health Program
Lead Therapist
Minneapolis, MN

- Individual play therapy
- Family Therapy
- Attachment based day treatment group therapy
- Supervised 3-5 day treatment staff and interns
- Diagnostic assessments for children

August 2004- May 2005

Fraser Child and Family Center
Preschool Mental Health Program
Clinical Therapist Intern
Minneapolis, MN

- Attachment based day treatment program
- Individual play therapy with outpatient clients
- Worked with a diverse client population
- Facilitated in-home therapy and family skills training

Professional Experience

December 1999- September 2004

Tubman Family Alliance

Domestic Abuse Agency
Child/Youth Advocate
Minneapolis, MN

- Facilitation of support groups for children and parents
- Co-author of parenting curriculum specific to survivors of family violence
- Trained new staff, interns and volunteers
- Taught six week violence prevention curriculum in high schools
- Case management for children and their families
- Event planning
- Facilitated relationships with partnering agencies

Research Experience

September 2004-May 2005

Master's Thesis

Mothering in Public:
Strengths and Challenges to Parenting in a
Domestic Abuse Shelter.

Supervisor: Mari Ann Graham, Ph.D., LICSW

Qualitative study exploring the impact community living has on mothers parenting in a domestic abuse agency. Initiate the conceptualization and design, data collection, data analysis, and written manuscript.