Nahime G. Aguirre Mtanous, AM, LCSW

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EDUCATION

2028 (expected)	PhD, Social Welfare University of Wisconsin-Madison
2022	AM, Social Work and Social Welfare University of Chicago, Crown Family School of Social Work
2019	AB, Comparative Human Development University of Chicago, The College

PUBLICATIONS

Manuscripts in Progress

5. **Aguirre Mtanous, N.G.**, Cho, Y., Fleming-Batayneh, V. L., Effertz, S., & Shields, M. *(In preparation)*. Latent mental health classes of autistic adults throughout the life course.
4. **Aguirre Mtanous, N.G.**, Kennedy, A., Bishop, L., & Shields, M. *(In preparation)*. Autistic adults' experiences with crisis mental healthcare trustworthiness.
3. **Aguirre Mtanous, N.G.**, Effertz, S., Eack, S., & Bishop, L. *(In preparation)*. Psychosocial interventions for autistic adults: a systematic review.
2. **Aguirre Mtanous, N.G.**, Effertz, S., Cho, Y., & Bishop, L. *(In preparation)*. Clinician-reported strategies for autistic mental health clients: a grounded theory study.
1. Meyer, F., & **Aguirre Mtanous, N.G.** *(In preparation)*. Elevated prevalence of Attention-Deficit/Hyperactivity Disorder (ADHD) and Ehlers-Danlos Syndrome (EDS) in patients seeking treatment for Retrograde Cricopharyngeal Dysfunction (R-CPD).

Peer-Reviewed Articles

3. **Aguirre Mtanous, N. G.**, Koenig, J., Nikahd, M., Effertz, S. E., Silinonte, S., Hyer, J. M., Hand, B. N., & Bishop, L. (2026). Mental health outcomes associated with applied behavior analysis in a US national sample of privately insured autistic youth. *Autism*, *30*(2), 484–494. https://doi.org/10.1177/13623613251390604
2. Koenig, J., McLean, K. J., Haas, M., Horvath, M., Vigil, M., **Aguirre Mtanous, N. G.**, Effertz, S., & Bishop, L. (2025). Challenging neurotypical norms: Autistic adults' understandings of health. *Autism*, *29*(12), 3136–3146. https://doi.org/10.1177/13623613251362336
1. Anderson, K. A., Radey, M., Bishop, L., **Aguirre Mtanous, N. G.**, Koenig, J., & Shea, L. (2025). Material hardship and sources of support for autistic adolescents and their families. *Autism*, *29*(6), 1415–1430. https://doi.org/10.1177/13623613241304503

Book Chapters

1. Lee-Johnson, N. M., & **Aguirre Mtanous, N. G**. (2023). Racialization of Disability and Sexuality: A Historical and Contemporary Perspective Within the United States. In *Exploring Sexuality and Disability: A Guide for Human Service Professionals* (pp. 249–266). Routledge.
   - **AASECT Sexuality Professionals Book Award Winner (2024)**

PRESENTATIONS

Conference Presentations

3. **Aguirre Mtanous, N.**, Koenig, J., Nikahd, M., Hyer, M., Hand, B., & Bishop, L. (2025, May). *The Association Between Mental Health Hospitalizations and Applied Behavior Analysis Receipt Among Autistic Youth.* Talk presented at the 2025 University of Wisconsin-Madison Institute of Diversity Science Spring Junior Conference, Madison, WI.

2. **Aguirre Mtanous, N.**, Koenig, J., Nikahd, M., Hyer, M., Hand, B., & Bishop, L. (2025, May). *The Association Between Mental Health Hospitalizations and Applied Behavior Analysis Receipt Among Autistic Youth.* Talk presented at the 2025 International Society of Autism Research Annual Meeting, Seattle, WA.

1. **Aguirre Mtanous, N.,** Koenig, J., Nikahd, M., Hyer, M., Hand, B., & Bishop, L. (2025, April). *The Association Between Mental Health Hospitalizations and Applied Behavior Analysis Receipt Among Autistic Youth.* Symposium presented at the 2025 Gatlinburg Conference on Research and Theory in Intellectual and Developmental Disabilities, San Diego, CA.

Poster Presentations

1. **Aguirre Mtanous, N.** (2022, April). *Disability Competency Training for Medical and Dental Students.* Poster presented at the 2022 Illinois LEND Open House, virtual.

Invited Presentations

13. **Aguirre Mtanous, N.** (2025, November). *Beyond the Bubble Bath: Caring for Your Mental Health in Graduate School.* Invited talk at the Letters & Science Community of Graduate Research Scholars (L&S CGRS) Monthly Meeting, Madison, WI.

12. **Aguirre Mtanous, N.** (2025, May). *Neurodivergencia 101: Primeros pasos hacia la comprensión.* Invited talk at BCDTravel Latin American Diversity, Equity, and Inclusion seminar, virtual.

11. **Aguirre Mtanous, N.** (2025, March). *Neurodivergent-Affirming Research-Based Therapeutic Practice.* Invited talk at Lynn Community Health Center (LCHC) Grand Rounds, virtual.

10. **Aguirre Mtanous, N.** (2024, November). *National Disability Employment Awareness Month: Female Neurodivergence*. Invited talk at the United Airlines BRG for People with Disabilities, uImpact and EQUAL Chapter, virtual.

9. **Aguirre Mtanous, N.** (2024, October). *Beyond the Bubble Bath: Caring for Your Mental Health in Graduate School.* Invited talk at the Letters & Science Community of Graduate Research Scholars (L&S CGRS) Monthly Meeting, Madison, WI.

8. **Aguirre Mtanous, N.** (2024, February). *Affirming Autism in Hospitals.* Invited talk at Montefiore Medical Center Grand Rounds, virtual.

7. **Aguirre Mtanous, N.** (2023, November). *Beyond the Bubble Bath: Caring for Your Mental Health in Graduate School.* Invited talk at the Letters & Science Community of Graduate Research Scholars (L&S CGRS) Monthly Meeting, Madison, WI.

6. **Aguirre Mtanous, N.** (2023, April). *Adult ADHD and Mental Health.* Invited group supervision presentation at Astute Counseling and Wellness Center, Chicago, IL.

5. **Aguirre Mtanous, N.** (2023, January). *Neurodivergent Mental Health Clients: Clinical Strategies to Affirm, Acknowledge, and Support.* Invited group supervision presentation at Astute Counseling and Wellness Center, Chicago, IL.

4. **Aguirre Mtanous, N.** (2022, November). *National Disability Employment Awareness Month: Affirming Employee Neurodivergence in Latin America.* Invited talk at the United

Airlines BRG for People with Disabilities, uImpact and EQUAL Chapter, virtual.

3. **Aguirre Mtanous, N.** (2022, October). *Neurodivergent Mental Health Clients: Clinical Strategies to Affirm, Acknowledge, and Support.* Invited group supervision presentation at Malcom X College Counseling Center, virtual.

2. **Aguirre Mtanous, N.** (2022, August). *Working with Neurodivergent Clients.* Invited group supervision presentation at Lotus Root Counseling Center, virtual.

1. **Aguirre Mtanous, N.** (2021, March). *Person-Centered Clinical Strategies for Patients with Developmental Disabilities.* Invited talk at Northwestern Medicine Grand Rounds, Chicago, IL.

RESEARCH EXPERIENCE

Doctoral Project Assistant, Interdisciplinary Sciences to Learn about Autism (ISLA) Network
University of Wisconsin-Madison, *July 2024-Present*

- Oversees study recruitment, data collection, and data analysis
- Conducts standardized interviews to assess developmental history from adult participants suspected of having Autism Spectrum Disorder (ASD)
- Principal Investigators: Andy Alexander, PhD, Janet Lainhart, MD, and Brandon Zielinski, MD, PhD

Doctoral Project Assistant, Bishop Lab
University of Wisconsin-Madison, *Dec 2023-Present*

- Develops multi-method survey protocols
- Supervises the creation of a quantitative data coding scheme
- Organizes, codes, and analyzes quantitative and textual respondent data
- Principal Investigator: Lauren Bishop, PhD

Research Assistant, Disability Competency Training for Medical and Dental Students
University of Illinois-Chicago, *Aug 2021-Apr 2022*

- Oversaw study recruitment, data collection, and data analysis
- Developed a mixed-methods data coding scheme
- Principal Investigator: Kiyoshi Yamaki, PhD

Research Assistant, Childcare COVID-19 Response Project
University of Chicago, *Oct 2019-Jan 2022*

- Conducted qualitative interviews with Illinois state childcare center directors
- Assisted with quantitative data analysis for administrative and survey data
- Coded and analyzed qualitative interview data
- Principal Investigator: Julia Henley, Ph.D.

FELLOWSHIPS, GRANTS & SCHOLARSHIPS

2024-Present	**Graduate Fellow** Institute for Diversity Science, University of Wisconsin-Madison
2023-Present	**Advanced Opportunity Fellow** Letters & Science Graduate Research Scholars, University of Wisconsin-Madison
2023-2024	**Graduate Research Scholars Fellowship ($30,000)** College of Letters & Science, University of Wisconsin-Madison
2021-2022	**Leadership and Education in Neurodevelopmental Disabilities Fellowship** University of Illinois-Chicago, US Maternal and Child Health Bureau

2021-2022	**Crown Scholars Scholarship ($50,000)** Crown Family School of Social Work, University of Chicago
2018-2019	**Odyssey Scholarship ($50,000)** The College, University of Chicago
2012-2016	**Odyssey Scholarship ($75,000 annually)** The College, University of Chicago
2011-2012	**Speech Competition Scholarship ($1,000)** McAllen Lions Club
2010-2011	**Bluebonnet Girls State Scholarship ($3,000)** American Legion Auxiliary, Department of Texas

AWARDS & SPECIAL HONORS

Apr 2025	**Sheldon D. Rose Memorial Scholarship ($2,500)** University of Wisconsin-Madison, Sandra Rosenbaum School of Social Work
Feb 2025	**Student/Trainee Travel Award Winner ($500)** International Society of Autism Research (INSAR)
Jan 2025	**Conference Travel Award Winner ($1,000)** University of Wisconsin-Madison, Institute of Diversity Science
Apr 2022	**Diversity Award Winner** University of Chicago, Graduate Division
Oct 2021	**National Heumann-Armstrong Educational Award Winner** The American Association of People with Disabilities (AAPD)
Aug 2021	**Foundation Scholars Semifinalist** Obama Foundation
Apr 2021	**Outstanding First Year Semifinalist** University of Chicago, Graduate Division
June 2012	**Finalist, Double Ruby Award Winner** United States National Forensic League (NFL)
May 2012	**State Finalist, Extemporaneous Speaking** Texas University Interscholastic League (UIL)
Apr 2012	**Finalist, Extemporaneous Speaking** United States National Forensic League (NFL)

TEACHING

University of Wisconsin-Madison

Grader

SW 644: Issues in Developmental Disabilities

- Spring 2026

SW 711: Human Behavior and the Environment (HBSE)

- Fall 2025

SW 612: Psychopathology In Generalist Social Work Practice

- Spring 2025

Guest Lecturer

SW 100: So You Want To Change the World?

- Spring 2025, Fall 2024, Spring 2024, Fall 2023

SW 441: Social Work Practice with Individuals, Families, and Groups

- Fall 2025, 2024

SW 612: Psychopathology In Generalist Social Work Practice

- Spring 2025

SW 441: Social Work Practice with Individuals, Families, and Groups

- Fall 2024 (3 sections)

SW 875: Health, Aging and Disability Policy and Service

- Fall 2023

CLINICAL EXPERIENCE

Post-Masters Experience

Therapist, Astute Counseling & Wellness Center, *June 2022-July 2025*

Other Social Work Experience

Pediatric Developmental Center Social Work Intern, Illinois Masonic Medical, *Sept 2021-May 2022*

Qualified Intellectual Disabilities Professional (QIDP), South Chicago Parents and Friends, *May 2021-Sept 2021*

Health Outreach Program Intern, Northwestern Medicine, *Sept 2020-May 2021*

Individual Service Coordinator (QIDP), IL Department of Human Services (HHS), Division of Developmental Disabilities, *Apr 2019-Sept 2020*

Administrative Coordinator, Glenkirk, *May 2017-Sept 2018*

Residential Case Manager, Glenkirk, *May 2016-May 2017*

SERVICE

University of Wisconsin-Madison

2024-2025 **Co-Advisor, Phi-Alpha Social Work Honor Society**
Sandra Rosenbaum School of Social Work

2024-2025 **Member, Curriculum Committee**
Sandra Rosenbaum School of Social Work

University of Chicago

2021-2022 **Member, Accessibility Advisory Board**
Crown Family School of Social Work

2015-2016 **Member, Student Wellness Advisory Board**
The College

PROFESSIONAL ASSOCIATIONS

Student Member, International Society for Autism Research (INSAR)
Student Member, Association for Behavioral and Cognitive Therapies (ABCT)
Member, National Association of Social Workers (NASW)
Researcher, American Association on Health and Disability (AAHD)
LCSW License #149031694, Illinois Department of Financial and Professional Regulation (IDFPR)